

Centering Equity While Moving Through Wellness To Wellbeing

TENTATIVE SCHEDULE - DAY 1

Thursday, February 16, 2023		
10 am - 1 pm	Conference Check-In at the <u>Hill Student Center</u>	
12 pm	Shuttle from <u>UAB Hilton</u> to Hill Student Center will begin	
9:30 am - 12:30 pm	Pre-Summit Steering Group Planning Meetings (Campus Recreation Center)	
1 pm - 1:30 pm	Welcome (Hill Student Center)	
1:30 pm - 2:30 pm	Opening Keynote (Hill Student Center)	
	Centering Equity: The Imperative for Wellbeing in Person, Place and Planet	
2:30 pm - 2:45 pm	Break out discussion (Hill Student Center)	
2:45 pm - 3 pm	Light Snack Break (Hill Student Center)	
3 pm - 4 pm	Student Panel (Hill Student Center)	
4 pm - 5 pm	US Health Promoting University President's Panel (Hill Student Center)	
5 pm - 5:30 pm	Cocktail Reception (Hill Student Center)	
5:30 pm - 6:15 pm	Buffet Dinner (Hill Student Center)	
6:15 pm - 7:30 pm	Round Table Discussion - Moving the Okanagan Charter forward on your campus - Systems and Settings change strategies, assessment, etc. (Hill Student Center)	
7:30 pm	Closing Day Remarks (Hill Student Center)	
7:45 pm - 9:45 pm	Shuttle to UAB Hilton from Hill Student Center	



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TENTATIVE SCHEDULE - DAY 2

Friday, February 17, 2023		
6:15 am - 6:45 am	Mindfulness Activity at the UAB Hilton	
6:45 am - 8:45 am	Shuttle from UAB Hilton to the Hill Student Center	
7:30 am - 8 am	Summit Check-In at the Hill Student Center (Only New Attendees)	
8 am - 9 am	Keynote	
	History as a Way to Connect the Dots, Kimberly Brown Pellum, Ph.D.	
9:30 am	Depart from UAB Hill Student Center to <u>Birmingham Civil Rights Institute</u> , <u>16th</u> <u>Street Baptist Church</u> , and <u>Kelly Ingram Park</u> (Bus)	
10 am - 1 pm	Civil Rights Trail Tours	
1 pm	Return to UAB (Bus)	
1:30 pm - 2:15 pm	Boxed Lunch & Round Table Debriefing	
2:30 pm - 3:45 pm	USHPCN Accepted Presentations	
4 pm - 4:30 pm	USHPCN Transition of Leadership and Closing	
6 pm	Dinner on Your Own Ideas:	
	 The 10 Best Restaurants In Downtown Birmingham, Alabama 22 Black-owned restaurants in Birmingham you need to try now THE 10 BEST Restaurants in Birmingham - Updated September 2022 - Tripadvisor 	



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TENTATIVE SCHEDULE - DAY 3

Saturday, February 18, 2023	
6:15 am - 6:45 am	Mindfulness Activity at the UAB Hilton
7 am - 8 am	Continental Breakfast at the UAB Hilton
8 am	Depart from UAB Hilton to Montgomery: <u>Legacy Museum</u> and the <u>National</u> <u>Memorial for Peace and Justice</u> (Coach Bus)
	Docent guided tour, Kimberly Brown Pellum, Ph.D.
12 pm	Lunch on Your Own Options: Pannie-George's Restaurant Restaurants near Riverwalk Stadium
3 pm	Depart from Montgomery to Birmingham (Coach Bus)
4:30 pm	Arrival at the Hotel (Bus)